

Contents

<i>Foreword</i>	xi
<i>Preface</i>	xiii
Chapter 1: Journey of Self-Discovery: Embracing My Transgender Identity <i>Damini Sinha</i>	1
Chapter 2: An Empirical Study of the Life of a Transgender Individual in India <i>Arockia Raj and Arockia Pradeep</i>	9
Chapter 3: Transgender Identity: Historical Recognition, Cultural Practices, and Societal Challenges <i>Amitha Polimetla</i>	15
Chapter 4: Nonbinary Gender: Cultural and Contemporary Models <i>Dolichan Kollareth</i>	27
Chapter 5: Societal Perception and Mental Well-being of Transgender Persons <i>Lindsay Lobo</i>	41
Chapter 6: The Transgender Phenomenon: Philosophical Foundations and Scientific Issues <i>M. Sahaya Ravi and Nirmal Savio Paul</i>	53
Chapter 7: The Feminist Approach to Transgenderism <i>Alphons Pradeep and Vivian Floid Saldanha</i>	69
Chapter 8: Ethical Questions on Gender Transitioning <i>Dolichan Kollareth</i>	77
Chapter 9: Catholic Perspectives on Transgender Persons: Problems and Possibilities <i>Joshua Kishanth S. and Rejoy Johny</i>	93
Chapter 10: Synodality as a Call for Embracing Transgender Individuals in the Catholic Church <i>Savio Saldanha and Ananth Abhinay</i>	107

Chapter 11: Struggle of Transgender Persons to Belong to a Political Collective <i>Doni Raja F.</i>	117
Chapter 12: Beyond Binary: Judith Butler's Philosophy for an Inclusive Society <i>Marconi Wahlang and Milton Mervin Raj</i>	127
Chapter 13: Reading Between the Binaries and Going Beyond <i>Clement J. Santhanam</i>	135
<i>Contributors</i>	147